# Helping Build Social Skills is My Mission





When talking to kids about negative stories they tell themselves, start with curiosity.

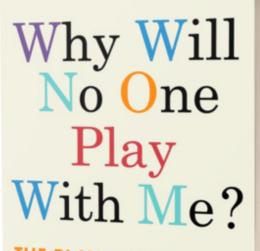
Ask; 'how come?' 'Tell me more about that' or 'What do you mean by that?'

If they don't have an answer, offer them a buffet of choices." Caroline Maquire

# Caroline Maguire, M. Ed.

Helping people of all ages make friends and thrive is Caroline's mission. Her decades of work teaching and developing social emotional learning techniques has inspired thousands to adopt her methodologies. As an author, speaker and frequent media contributor, Caroline has introduced effective social skills training into countless schools, homes and workplaces around the world.





THE PLAY BETTER PLAN TO HELP CHILDREN OF ALL AGES MAKE FRIENDS AND THRIVE

CAROLINE MAGUIRE, PCC, M.ED WITH TERESA BARKER From renowned parent expert Caroline Maguire, Why Will No One Play with Me? is a groundbreaking program that has helped thousands of people struggling with social skills to make friends, find acceptance, and lead a fulfilling life.

In her book, <u>Why Will No One Play with Me? A Parent's</u> <u>Guide to Coaching Your Child from Social Challenge to</u> <u>Success</u>, Caroline shares her proven strategies on how to build social skills. Caroline's successful lessons that can be "aged up" to people of all ages. The core of the plan – learning to understand how the social world works – is effective for people of all ages.

Why Will No One Play with Me? will show readers how to bring up difficult topics and pave the way to a healthy discussion. To request Caroline as a speaker for your event, please contact:

> Outspoken Agency info@outspokenagency.com 1-646-863-4000



"Caroline Maguire facilitated a workshop on Social, Emotional and Behavioral (SEL) Training to the parents and educators in our Chicago Public Schools district. Ms. Maguire found the perfect balance of content and strategies to support both remote teaching and parents coaching, as well as classroom based supports teachers might provide directly. During the chat, both parents and teachers engaged enthusiastically and absorbed Caroline's knowledge and ideas. We enjoyed working with her and hope to again in the future!"

- Evelyn Pok Green, Project Director of STAR NET V, an ECSE professional development project grant project funded through the state of Illinois

## Meet Caroline Maguire, M. Ed.

<u>Caroline Maguire, M.Ed., ACCG, PCC</u>, earned her undergraduate degree at Trinity College, her Masters of Education and Early Childhood Development with a specialization in social emotional learning (SEL) at Lesley University and her PCC from the International Coach Federation (ICF).

She is the author of <u>Why Will No One Play With Me?</u>, the winner of the Best Parenting and Family Book 2020 as awarded by American Book Fest and co-collaborator on <u>HowToSel.com</u> – a daily social emotional learning platform anyone can incorporate into daily life.

She is a former coach for the Hallowell Center, Massachusetts and the founder and director of the innovative training curriculum <u>The Fundamentals of ADHD Coaching for</u> <u>Families</u> at ADD Coach Academy (ADDCA) - the only Coach Training program accredited by the International Coach Federation (ICF).

Caroline's unique way of drawing out the best in her clients has been recognized internationally. She speaks at conferences, institutions and corporations around the world on topics related to coaching social skills to people of all ages, demographics and lifestyles.

Caroline has been a resource for many journalists and can be seen in publications such as U.S. News & World Report, NY Times, USA Today, NPR, Huffington Post, ADDitude, Attention Magazine and WebMD.

Caroline has been on the cutting edge of her field and knows how to help people make positive changes when sometimes, they might feel they've reached a dead end. Learn how to make noticeable progress socially while building confidence and enjoying a more satisfying social life.

## **SPEAKING**

Looking for a charismatic speaker with expertise on Social Emotional Learning (SEL) and Social Skills development for children and adults?

Invite Caroline Maguire, M.Ed., ACCG, PCC, to speak. She is the author <u>of Why Will No One Play</u> <u>with Me?</u> a playbook for coaching people of all ages on how to build valuable social emotional skills. Caroline has been sought out by organizations across the globe for keynote, webinars, workshops and training – in person and virtually.

### **Popular Topics**

# WHY WILL NO ONE PLAY WITH ME? How to Coach Your Child to Social Success

"Why Will No One Play with Me?" — a question every parent fears yet one that has become more prevalent with each generation. Whether you are the parent of a child with learning differences, social integration issues, a victim or instigator of bullying, or just a child navigating the seemingly simple process of growing up, Caroline will introduce parents and educators to the tools they need to become their child' social skills coach.

Referencing a collection of practices, this training can be tailored to age-appropriate social skills and competencies, including communication, problem solving, decision making, self-management, and peer relations.

# COVID Repair: How to (Re)Build Social Emotional Skills in an Unprecedented Era

#### Social emotional training for teachers and parents

Are we sure our kids are going to be OK? What happens without adequate social emotional support? Social distancing has caused children and teens to lose valuable opportunities to practice social skills and to make and keep friends. No one knows the implications of COVID, racial tensions, political divide, and social isolation on children. The data shows humans require social networks and interaction. But what happens when children are starved of socialization or their mental health is not treated? How does it affect academic performance, decision-making skills and the impact on society?

Caroline will discuss the potential long-term effects of the pandemic on children's social, emotional, behavioral and cognitive development and what parents and educators can do now to strengthen social skills. She will describe the red flags of exaggerated anxiety and isolation and explain how to help children manage their own behaviors and emotions, build healthy relationships and make good decisions.

# How to Improve Self-Awareness, Empathy and Theory of Mind in the Classroom

We are not born with social adeptness. It is a skill and has to be learned. With practice, it can be "polished" until it becomes second nature. Developing empathy, self-awareness and building Theory of Mind should begin in early childhood. These essential social emotional skills are interdependent of each other and are the keys to well-being and understanding others!

Research shows that self-awareness affects every aspect of life: job success, academics and relationships. Recognizing emotions, and helping a child develop empathy, self-awareness and perspective taking can be taught even in distance learning. Professionals in education will ground themselves in the Play Better coaching principles and build improved communication techniques, including reflective listening, open questioning, praise and prompting. Learn how to use play-based methods to help children learn to read others, foster perspective taking and empathy for others. These competencies can have life-long implications as we try to develop a more inclusive and caring society.

### Why Chit Chat Is the Answer to Social Connection Learn the Art of Getting Along with Everyone

Social struggles are common for many people. Friendly chit-chat and banter do not come naturally. Forcing conversations with coworkers, school peers, neighbors and community members can leave you feeling awkward, rejected and exhausted. What's at the heart of this?

Caroline will introduce the deep-seated relationship between self-awareness and social connection. The ability to self-evaluate, to "read the room" and to predict reactions - from ourselves and others - is intimately connected to how we contribute and relate. You will walk away with an understanding of your specific limitations and the tools that you or your child need to build self-awareness. Learn helpful suggestions on how to be the kind of individual others find interesting and attractive. The good news is that with understanding and practice, we can greatly improve self-awareness and in turn, create limitless, meaningful connections.

# Social Blind Spots: Couldn't someone have told me I was embarrassing myself?

You force yourself into an uncomfortable social situation to (hopefully) make new friends and end social isolation, only to have accomplished the complete opposite. You now feel insulted, rejected and even more lonely. Why does this keep happening to you?

Caroline will explain how to read the room, identify blind spots and how they can edit their contributions in social situations to make friends and engender compatibility.

## **Praise for Caroline Maguire**

" I've been an educator for more than 50 years, and this is one book that has had an immediate impact on every aspect of my teaching. I wish Caroline Maguire was around when I was growing up. She uses visuals and catchy phrases to make the strategies memorable--from "Be a Social Spy" to "Taking a Social Right Turn." This is a well-researched guide book... my book is bristling with sticky-notes because there are so many useful tools."

### -Penny Moldofsky, Director of the Literacy Institute at Woodlynde School

"Caroline was a wonderful speaker! Her presentation was focused and visually pleasing, and she provided a ton of great ideas and suggestions. She also did a wonderful job with the Q&A!"

### Sara Nardulli, Rutgers Prep, Director of Learning Support

"I want to send you a personal thank you for the excellent webinar last night. I was "in attendance" and really enjoyed it. You found the perfect balance of content and strategies to support both remote teaching and parents coaching, as well as classroom based supports teachers might provide directly. Folks were very enthusiastic and appreciative of your knowledge and ideas. We enjoyed working with you and hope we can work together again in the future!"

### Kathy Slattery, Project Director, STAR NET Region II

"Caroline is that perfect combination of knowledgeable expert and empathetic best friend (if you are lucky enough to have a best friend this great). She knows her stuff, partly because she has been there. She has the stories to tell and the wit, humility, and wisdom to make those stories meaningful. Audiences have good reasons to love her.

### Ari Tuckman, PsyD, MBA, International Conference on ADHD Co-Chair

"Caroline has a wonderful way of taking her deep knowledge of ADHD children and making it applicable and relatable to all parents. She was engaging, set the entire crowd at ease, and let us know that none of us are alone. Carolyn offered specific and accessible tools and resources and reassured us that our kids will all be okay. Her insights and experience are invaluable to those of us struggling to understand and help our children succeed socially. We could literally feel the love."

#### Lori Wengrofsky, Blind Brook PTA Speaker Series Chair