

CURRICULUM VITAE

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PROFESSIONAL OBJECTIVE

Certified Coach with a Master's degree in Education and Early Childhood Development and 20+ years of coaching experience in ADHD and social skills, seeks to increase awareness of the challenges associated with social skills development and social isolation challenges in people of all ages by speaking at regional, national, and international conferences; acting as a workshop facilitator, in-person and online.

EDUCATION AND CREDENTIALS

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| Recipient of Mom's Choice Gold Award
Winner, Parenting and Family, The 2020 Best Book Award
Mom's Choice Award
Winner, BookAuthority's Best ADHD Books of All Time | 2020 |
| Author of newly released groundbreaking book
<i>Why Will No One Play with Me? The Play Better Plan to Help Kids Make Friends and Thrive</i> , Hachette, September 2019 | 2019 |
| Guest Host Attention Talk Radio <ul style="list-style-type: none">Guest host for an online radio talk show specializing in ADHD, hosted the program in lieu of the regular host; collaborated on defining topics and promoting to target audiences. | 2017 |
| Completed Social Thinking Level 1A Training
Social Thinking Boston | 2016 |
| The International Coach Federation (ICF) <ul style="list-style-type: none">Professional Certified Coach (PCC) | 2014 |
| Lesley University <ul style="list-style-type: none">Master of Education in Early Childhood DevelopmentMaster's Thesis: <i>Why Will No One Play with Me? How to Create Successful Play Dates for Children Who Struggle to Make Friends</i> | 2011 |
| Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) <ul style="list-style-type: none">Certified Parent to Parent Coach | 2006 |

ADD Coach Academy (ADDCA)	2005
<ul style="list-style-type: none"> • ADDCA Certified Coach Graduate (ACCG) 	
University of New Haven	2002
<ul style="list-style-type: none"> • Graduate coursework for Master of Arts in Industrial/Organizational Psychology 	
Trinity College	1997
<ul style="list-style-type: none"> • Bachelor of Arts in English • Graduated with Honors • Thesis: <i>Gossip as a Form of Communication in Gilded Age Literature</i> 	

WORK EXPERIENCE

New England Coaching Services	2005 – Present
<i>Owner, Founder, and President</i>	
<ul style="list-style-type: none"> • Established a successful private practice • Developed the Play Date Coaching Program • Worked as a certified ADD and ADHD coach • Coached children, teens, college students, and adults • Mentored coaches looking to increase skills or gain certifications • Served as a keynote speaker at various conferences and organizations 	
ADD Coach Academy (ADDCA)	2014 – Present
<i>Director of the Family Coaching Program</i>	
<ul style="list-style-type: none"> • Developed the Family Coaching Program curriculum • Created syllabi, outlined course goals, and designed assignments • Trained other coaches on how to coach children and their parents • Lead teleclasses, taught seminars, and gave speeches as a member of the faculty • Worked as a certified ADD coach • Coached children and teens 	
Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)	2006 – Present
<i>Parent to Parent Coach</i>	
<ul style="list-style-type: none"> • Worked as a parent-to-parent coach • Lead classes for people newly diagnosed with ADHD • Provided educational information to support individuals and families dealing with ADHD 	
The Hallowell Center	2005 – 2009
<i>ADD Coach for Children and Teens</i>	
<ul style="list-style-type: none"> • Worked as the sole ADD coach for children, teens, and their families • Taught teleclasses and ran onsite support groups 	

- Consulted with organizations, school programs, and camps on how to create an ADD friendly environment for children.
- Developed the coaching intake process, designed intake forms, and coordinated with the medical division of the Hallowell Center to standardize all intake procedures.

SAMPLE PUBLICATIONS AND PRESENTATIONS

Rutgers Prep School Keynote: April 2021, Somerset, NJ. *Why Will No One Play with Me? Building Social Emotional Skills and Answers to Social Emotional Dilemmas.*

Eaglehill School Keynote Speakers Series: April, 2021, Greenwich, CT. *Social Emotional Learning for Children with ADHD.*

STAR NET Region II, Chicago Public Schools Teacher Training: March 2021, Arlington Heights, IL. *Building Empathy, Self-Awareness and Theory of Mind in the Classroom.*

Woodlynde School Keynote: January 2021, Strafford, PA. *Connections Matter: Building Social Skills During Challenging Times, Coaching Social Skills: Parents and Teachers With a Game Plan.*

STAR NET Region II, Chicago Public Schools Teacher Training: October 2020, Arlington Heights, IL. *Play Coaching to Build Social, Emotional and Behavioral Development in Inclusive Classrooms.*

Park School: November 2019, Brookline, MA. *You and Your Child: Social Challenge to Success, Help Your Child Become a Socially Engaged, Confident Problem Solver and Develop Successful Friendships.*

Frederick Public Schools Keynote: November 2019, Frederick, MD. *Teaching Coachable Social Skills.*

American Speech-Language-Hearing Association (ASHA): November 2019, Orlando, FL. *Why Will No One Play With Me? Parent Training and Your Social Skills Curriculum.*

CHADD, CHADD, Annual International Conference on ADHD: November 2019, Philadelphia, PA. *Why Will No One Play With Me? Becoming Your Child's Social Skills Coach.*

Fusion School Conference Keynote: October 2019, Stamford, CT. *Why Will No One Play With Me? How to Have Conversations about Social Challenge With Your Child.*

Creating Connections Keynote: Rye, NY, 2018. *Are You Worried Your Child Has Friendship Problems?*

CHADD, CHADD, Annual International Conference on ADHD: November 2018, St Louis, MO. *Teaching Parents How to Read the Room.*

The Learning Disabilities Association of America: February 2018, Atlanta, GA. *Learning to Walk in Someone Else's Shoes, Teaching Parents How to Promote Improved Social Awareness and Understand Someone Else's Perspective.*

PIN, Parents of Independent Schools: November 2017, Concord, MA. *Developing Executive Function and Homework Skills.*

CHADD, CHADD, Annual International Conference on ADHD: November 2017, Atlanta, GA. *Learning to Walk in Someone Else's Shoes, Teaching Parents How to Promote Improved Social Awareness and Understand Someone Else's Perspective.*

ADDA, Attention Deficit Association Conference: November 2017, Atlanta, GA. *Why Does No One Like Me? Learn How to Read the Room and Create A Positive Social Approach.*

ADDA, Attention Deficit Association Conference: November 2017, Atlanta, GA. *Special Offering- Social Skills Lab for Adults with ADHD.*

National Resource Center for ADHD: September 2017. *5 Solutions to Common ADHD Social Struggles.*

Fenn School: May, 2017, Concord, MA. *Developing Executive Function and Homework Skills.*

CHADD, Annual International Conference on ADHD: November, 2016, Costa Mesa, California. *Why Will No One Play with Me? Teaching Parents to Become Their Child's Social Skills Coach.*

The Learning Disabilities Association of America: February, 2017, Baltimore, MD. *Why Will No One Play with Me? Teaching Parents to Become Their Child's Social Skills Coach.*

The Lynn Transition Conference: January, 2017, Boca Raton, FL. *Playing Well with Others at College and Beyond.*

CHADD, Annual International Conference on ADHD: November 14, 2015, New Orleans, Louisiana. *Parenting with ADD: Keeping Calm and Carrying On in A House Run By Parents with ADD.*

Champlain College, Parents Weekend: October, 2016. *Executive Function Goes to College.*

Attention Deficit Association Conference: July 2014, Orlando, Fl. *All Good Things in Moderation: Understanding the Role of Environment, Boredom, and the Brain on Impulsive and Compulsive Behavior.*

VOLUNTEER ACTIVITIES

Concord SEL Committee to Return to school	2020
Choose Love Volunteer	2020-Present
Attention Deficit Disorder Association (ADDA) <i>Chair of the Revenue Generation Committee</i>	2014 – 2017
Alcott Elementary School <i>Workshops Coordinator</i>	2014 – 2017
Massachusetts Parent Action Committees <i>Speaker on ADD and ADHD Topics</i>	2006 – Present
Emerson Hospital <i>Speaker on ADD and ADHD Topics</i>	2007 – 2009
Trinity College <i>Alumni Mentor</i>	1999 – Present

PROFESSIONAL AFFILIATIONS

Choose Love	2020 - Present
ADHD Coaches Organization (ACO)	2015 – Present
Professional Association of ADHD Coaches (PAAC)	2013 – Present
ADD Coach Academy (ADDCA)	2005 – Present
Attention Deficit Disorder Association (ADDA)	2005 – Present
Children and Adults with Attention Deficit Hyperactivity Disorder (CHADD)	2005 – Present

SKILLS AND AREAS OF EXPERTISE

- ADHD
- Social Skills
- Behavior management
- Curriculum development

- Discipline strategies for young children with ADHD
- Executive function skills
- Family coaching
- Front-end and back-end interventions
- Learning disabilities
- Mentoring
- Mindfulness
- Play date coaching
- Reward and incentive plans
- School interventions
- Self-regulation
- Study skills
- Time management
- Workshop facilitation
- Writing organization and flow

OTHER INTERESTS

- Sailing
- Traveling
- Historic preservation
- Fundraising for veterans
- Literature

REFERENCES

David Giwerc, MCC
Founder and President of ADD Coach Academy
david@addca.com
(800) 915-7702

Jeff Copper, PCC
Founder Attention Talk Radio
jeff@digcoaching.com